







**T.C. YEDİTEPE UNIVERSITY FACULTY OF HEALTH SCIENCES
NURSING DEPARTMENT
PATIENT EVALUATION FORM**

| | | | | |
|--|---|--|--|---|
| Student Name and Surname : | | Date :/...../..... | | |
| Introductory Information | Patient name/surname: | | Gender : | |
| | Age : | | Information source: | |
| | Education level : | | Job Status : | |
| | Marital status: | | Number of children: | |
| | Phone Number. : | | Social security: <input type="checkbox"/> Yes <input type="checkbox"/> No | |
| | City / District where the patient lives: | | | |
| | Physician: | | Nurse : | |
| Communication | Used Language: | | Translator Need: <input type="checkbox"/> No <input type="checkbox"/> Yes | |
| | Communication Status: <input type="checkbox"/> Verbal <input type="checkbox"/> Written <input type="checkbox"/> Other | | | |
| | Communicate to : <input type="checkbox"/> Refuse <input type="checkbox"/> automatically initiates <input type="checkbox"/> only answers questions asked | | | |
| | Name-Surname and Degree of Relationship of the Relative to be Contacted when Required:..... | | | |
| Phone Number : | | | | |
| Perception of Health Status | Hospitalization Date and Time: | | Protocol No: | |
| | Clinic : | | Medical Diagnosis: | |
| | How to Arrive at the Hospital: <input type="checkbox"/> Stretcher <input type="checkbox"/> Wheelchair <input type="checkbox"/> By walking <input type="checkbox"/> Other | | | |
| | Type of Hospital Admission: <input type="checkbox"/> Emergency <input type="checkbox"/> Elective | | Planned Initiative / Operation: | |
| | State of Consciousness: <input type="checkbox"/> Conscious <input type="checkbox"/> Unconscious <input type="checkbox"/> Oriented <input type="checkbox"/> Confused | | | |
| | Prostheses Used: <input type="checkbox"/> No <input type="checkbox"/> Dental <input type="checkbox"/> Lens <input type="checkbox"/> Glasses <input type="checkbox"/> Hearing aid <input type="checkbox"/> Hip <input type="checkbox"/> Pacemaker <input type="checkbox"/> Other : | | | |
| | Food Allergy: <input type="checkbox"/> No <input type="checkbox"/> Yes | | Drug Allergy: <input type="checkbox"/> No <input type="checkbox"/> Yes..... | Food Allergy: <input type="checkbox"/> No <input type="checkbox"/> Yes |
| | Patient ID bracelet: <input type="checkbox"/> Yes <input type="checkbox"/> No | | Allergy bracelet <input type="checkbox"/> Yes <input type="checkbox"/> No | |
| | Blood group: | | Had a blood transfusion before? <input type="checkbox"/> No <input type="checkbox"/> Yes | |
| | If there is a reaction during the transfusion, please specify: | | | |
| | Cigarette: <input type="checkbox"/> Not used <input type="checkbox"/> Uses pack / day | | Quit date: | |
| | Alcohol : <input type="checkbox"/> Not used <input type="checkbox"/> Uses quantity / day / week | | Quit date: | |
| | Substance / Drug Abuse: <input type="checkbox"/> No <input type="checkbox"/> Yes | | Quit Date : | |
| | Is Isolation Needed? <input type="checkbox"/> No <input type="checkbox"/> Yes If the answer is yes; | | Infection Factor: | |
| |  |  |  |  |
| | (<input type="checkbox"/>) Contact | (<input type="checkbox"/>) Tight Contact | (<input type="checkbox"/>) Droplet | (<input type="checkbox"/>) Respiratory |
| | Past Diseases: | | Chronic Diseases: <input type="checkbox"/> No | |
| | (<input type="checkbox"/>) Measles (<input type="checkbox"/>) Rubella | | (<input type="checkbox"/>) Diabetes Mellitus (<input type="checkbox"/>) Cancer (<input type="checkbox"/>) Tendency to Bleeding | |
| | (<input type="checkbox"/>) Mumps (<input type="checkbox"/>) Chickenpox | | (<input type="checkbox"/>) Heart disease (<input type="checkbox"/>) Kidney Problems (<input type="checkbox"/>) Seizure Problems | |
| | (<input type="checkbox"/>) Asthma (<input type="checkbox"/>) Tuberculosis | | (<input type="checkbox"/>) Thyroid Problems (<input type="checkbox"/>) Arthritis (<input type="checkbox"/>) Stroke (Cerebro Vascular Attack) | |
| (<input type="checkbox"/>) Pneumonia (<input type="checkbox"/>) Rheumatic Fever | | (<input type="checkbox"/>) Hypertension (<input type="checkbox"/>) Ulcer (<input type="checkbox"/>) Anemia | | |
| Other : | | (<input type="checkbox"/>) Migraine / Headache (<input type="checkbox"/>) Other : | | |
| Previous Hospitalization Status: <input type="checkbox"/> No <input type="checkbox"/> Yes, explain : | | | | |
| Reason for hospitalization | Date | Duration of stay | Result | |
| | | | | |
| | | | | |

| Family Health History and Relationships | | | | | | | | |
|---|---|---|--|--|-------------------------|---|------------------------|---------------------|
| Family Health History and Relationships | <input type="checkbox"/> No Feature <input type="checkbox"/> DM : <input type="checkbox"/> Hypertension : <input type="checkbox"/> Cancer : | <input type="checkbox"/> Heart diseases: <input type="checkbox"/> Asthma / Allergy: <input type="checkbox"/> TBC : <input type="checkbox"/> Others : | | | | | | |
| | Regularly Used Medications | | | | | | | |
| | Name Of Drug | Administration Route | Dose | Frequency | Usage time | Last Usage Time | | |
| | 1. | | | | | | | |
| | 2. | | | | | | | |
| | 3. | | | | | | | |
| Is there a possibility for the patient to harm herself/himself and her/his environment? <input type="checkbox"/> No <input type="checkbox"/> Yes | | | | | | | | |
| The Need for Restrictions <input type="checkbox"/> No <input type="checkbox"/> Yes | | | The Need for Restrictions <input type="checkbox"/> No <input type="checkbox"/> Yes | | | | | |
| Nutrition -Metabolic Pattern | Height: <input type="checkbox"/> Weight: BMI : kg/m2 Weight changes in the last six months: <input type="checkbox"/> No <input type="checkbox"/> Yes : <input type="checkbox"/> Can be fed alone <input type="checkbox"/> Needs help Oral (Diet): <input type="checkbox"/> NG : Parenteral : <input type="checkbox"/> Increased appetite <input type="checkbox"/> Decreased appetite <input type="checkbox"/> Distension <input type="checkbox"/> Oral Mucosa Deterioration <input type="checkbox"/> Change in Perception of Taste and Smell <input type="checkbox"/> Nausea or Vomiting <input type="checkbox"/> Problems in Teeth <input type="checkbox"/> Dietary Restrictions <input type="checkbox"/> Food Allergies <input type="checkbox"/> Others, explain : Number of Meals per Day: Main Meal: <input type="checkbox"/> Snacks: Daily Fluid Intake: Non-Preferred Foods: | | | | | | | |
| | Bowel Habits: <input type="checkbox"/> Normal <input type="checkbox"/> Stoma <input type="checkbox"/> Diaper Frequency :/day Last defecation date: Quality: <input type="checkbox"/> Use of laxatives: <input type="checkbox"/> Incontinence (fecal) <input type="checkbox"/> Constipation <input type="checkbox"/> Melena <input type="checkbox"/> Hematoecesia <input type="checkbox"/> Diarrhea Bladder Habits: <input type="checkbox"/> Normal <input type="checkbox"/> Urostomy <input type="checkbox"/> Catheterization:..... <input type="checkbox"/> Dialysis: <input type="checkbox"/> Use of Diuretics: Frequency :/day <input type="checkbox"/> Incontinence (urinary) <input type="checkbox"/> Anuria <input type="checkbox"/> Polyuria <input type="checkbox"/> Nocturia <input type="checkbox"/> Oliguria <input type="checkbox"/> Hematuria <input type="checkbox"/> Dysuria <input type="checkbox"/> Pollakiuria | | | | | | | |
| | Oxygen Use: <input type="checkbox"/> No <input type="checkbox"/> Yes, explain :lt/min (Mask / Nasal cannula etc) <input type="checkbox"/> Tracheostomy <input type="checkbox"/> Intubation <input type="checkbox"/> Non-invasive Respiratory Support <input type="checkbox"/> Duration..... Does patient exercise <input type="checkbox"/> No <input type="checkbox"/> Yes: Frequency: Duration : Problems Experienced During Exercise: <input type="checkbox"/> Chest Pain <input type="checkbox"/> Throb <input type="checkbox"/> Leg Pain <input type="checkbox"/> Muscle Pain <input type="checkbox"/> Dyspnoea <input type="checkbox"/> Tiredness <input type="checkbox"/> Other : | | | | | | | |
| | Performing Activities of Daily Living (According to Katz's Daily Living Activities Index) | | | | | | | |
| Activity Exercise | Basic activity of Daily | Can do (3 points) | Help needed (2 points) | Cannot do (1 point) | Basic activity of Daily | Can do (3 points) | Help needed (2 points) | Cannot do (1 point) |
| | -Bathing | | | | -Transferring | | | |
| | -Dressing | | | | -Eating | | | |
| | -Using the toilet | | | | -Excretion | | | |
| | Total | <input type="checkbox"/> 0-6 points : Dependent | | <input type="checkbox"/> 7-12 points: Moderately Dependent | | <input type="checkbox"/> 13-18 points : Independent | | |
| Supporting Tools: <input type="checkbox"/> No Requirement <input type="checkbox"/> Crutches <input type="checkbox"/> Grab Armbands <input type="checkbox"/> Walking stick <input type="checkbox"/> Wheelchair | | | | | | | | |
| <input type="checkbox"/> Others : | | | | | | | | |

| ITAKI FALLING RISK SCALE (FOR PATIENTS 17 YEARS AND OVER) | | | |
|---|--|--|--|
| Evaluation Justification and Number: | | | |
| 1. Initial evaluation 2. Post-operative Period 3. Falling Patient 4. Change of clinical field (transferring) 5. Change of status | | | |
| Risk factors | | Justification for evaluation ()/...../..... | Justification for evaluation ()/...../..... |
| Minor Risk Factors | 65 years and older | 1 | 1 |
| | Unconscious | 1 | 1 |
| | Presence of history of falling within the last 1 month | 1 | 1 |
| | * Has a history of chronic illness | 1 | 1 |
| | Needs physical support (walker, crutches, personal support, etc.) while standing /walking. | 1 | 1 |
| | Urinary / fecal incontinence disorder | 1 | 1 |
| | Eyesight is poor | 1 | 1 |
| | More than 4 drugs used | 1 | 1 |
| | ** Less than 3 care equipment attached to the patient | 1 | 1 |
| | Bed railings are missing / not working | 1 | 1 |
| Physical obstacle (s) in walking areas | 1 | 1 | |
| Major Risk Factors | Conscious, not cooperative | 5 | 5 |
| | Balance problem when standing / walking | 5 | 5 |
| | Has dizziness | 5 | 5 |
| | Has orthostatic hypotension | 5 | 5 |
| | Has vision impairment | 5 | 5 |
| | Has a physical disability | 5 | 5 |
| | 3 and more care equipment attached to the patient | 5 | 5 |
| *** Risky drug use in the last week | 5 | 5 | |
| TOTAL SCORE | | | |
| Intern Student Making the Assessment | | | |
| RISK LEVEL DETERMINATION TABLE | | | |
| LOW RISK | | A total score below 5 | |
| HIGH RISK | | A total score of 5 and above (use the falling figure) | |
| INFORMATION TABLE OF ITAKI FALLING RISK SCALE | | | |
| * Chronic Diseases | | * Chronic Diseases | * Chronic Diseases |
| <input type="checkbox"/> Hypertension | <input type="checkbox"/> Hypertension | <input type="checkbox"/> Hypertension | <input type="checkbox"/> Hypertension |
| <input type="checkbox"/> Digestive System | <input type="checkbox"/> Digestive System | <input type="checkbox"/> Digestive System | <input type="checkbox"/> Digestive System |
| <input type="checkbox"/> Respiratory System | <input type="checkbox"/> Respiratory System | <input type="checkbox"/> Respiratory System | <input type="checkbox"/> Respiratory System |
| <input type="checkbox"/> Circulatory System | <input type="checkbox"/> Circulatory System Diseases | <input type="checkbox"/> Circulatory System Diseases | <input type="checkbox"/> Circulatory System Diseases |
| <input type="checkbox"/> Neurological Diseases | <input type="checkbox"/> Neurological Diseases | <input type="checkbox"/> Neurological Diseases | <input type="checkbox"/> Neurological Diseases |


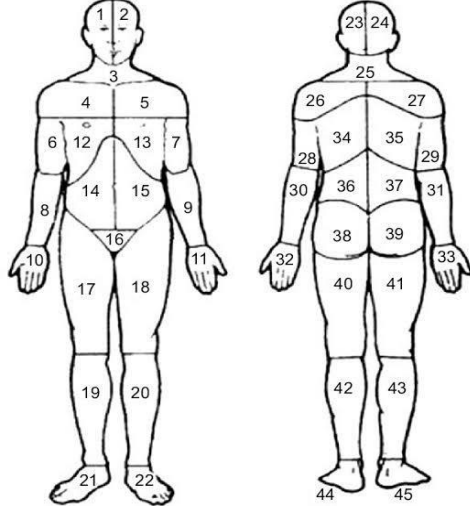
Reference: Tanı V. ve ark. Düşme Riskinin Değerlendirilmesi Sağlık Akademisyenleri Dergisi 2014; 1(1):21-26

| HARIZMI FALLING RISK SCALE (0 - 16 YEARS) | | | |
|---|---|--|--|
| Evaluation Justification and Number: | | | |
| 1. Initial evaluation 2. Post-operative Period 3. Falling Patient 4. Change of clinical field (transferring) 5. Change of status | | | |
| Risk factors | | Justification for evaluation ()/...../..... | Justification for evaluation ()/...../..... |
| Fall Assessment | 1) Has a neurological disease / symptom | 5 | 5 |
| | 2) A change in oxygenation | 5 | 5 |
| | 3) Has specific disease / symptom in terms of falling risk | 15 | 15 |
| | 4) Is not put in a suitable bed | 5 | 5 |
| | 5) Has vision impairment | 5 | 5 |
| | 6) 3 or more care equipment attached to the patient | 5 | 5 |
| | 7) Needs physical support (walker, crutches, personal support, etc.) while standing /walking. | 5 | 5 |
| | 8) The patient is in the first 48 hours post-op. | 5 | 5 |
| | 9) There is a risky drug use | 5 | 5 |
| | 10) 0-3 age | 15 | 15 |
| TOTAL SCORE | | | |
| Intern Student Making the Assessment | | | |
| RISK LEVEL DETERMINATION TABLE | | | |
| LOW RISK | | LOW RISK | |
| HIGH RISK | | HIGH RISK | |
| INFORMATION TABLE OF HARISM FALLING RISK SCALE | | | |
| Neurological Diseases / Symptoms | | Neurological Diseases / Symptoms | Neurological Diseases / Symptoms |
| <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Balance disorder | <input type="checkbox"/> Thrombocytopenia | <input type="checkbox"/> Hypnotics |
| <input type="checkbox"/> Mental Retardation | <input type="checkbox"/> Cooperation disorder etc | <input type="checkbox"/> Hemophilia | <input type="checkbox"/> Narcotics |
| <input type="checkbox"/> Convulsion | | <input type="checkbox"/> Idiopathic Thrombocytopenic Purpura | <input type="checkbox"/> Barbiturates |
| | | <input type="checkbox"/> Glass Bone Disease | <input type="checkbox"/> Chemotherapeutics |
| Oxygenation Changes | | Patient Care Equipment | |
| <input type="checkbox"/> Acidosis | <input type="checkbox"/> Edema | <input type="checkbox"/> IV Infusion | <input type="checkbox"/> Neuroleptics |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Anorexia | <input type="checkbox"/> Permanent Catheter | <input type="checkbox"/> Sedatives |
| <input type="checkbox"/> Respiratory Diseases | <input type="checkbox"/> Hypotension etc. | <input type="checkbox"/> Respiator | <input type="checkbox"/> Antidepressants |
| | | <input type="checkbox"/> Anemia | <input type="checkbox"/> Laxatives / Diuretics |
| | | <input type="checkbox"/> Perfuser Infusion pump | <input type="checkbox"/> Acidosis |
| | | <input type="checkbox"/> Pacemaker etc. | <input type="checkbox"/> Antihypertensives |

| | |
|----------------------|--|
| Sleep-Rest | <p>General Habits of Sleeping: Normal Sleep Time: Sleeping Time: Time to fall asleep :</p> <p>Feeling rested after sleep: Daytime sleep: Waking up often:</p> <p>Waking up early : Change in sleep time:</p> <p>Using Methods That Make It Easier To Sleep:</p> <p>() Using drug (type, dose of drugs, frequency) :</p> <p>() Take a bath () Reading a book () Listening to music () Listening to relaxation tapes () Other :</p> <p>The Consequences and Causes of Change in Sleep Process:</p> <p>.....</p> <p>The Effect of Health / Cultural Beliefs on Sleeping Habits (religious, ethnic, cultural, etc.):</p> |
| Sexuality-Breeding | <p>Compliance of General Appearance with identity: () No () Yes Expressing a sexual problem: () No () Yes :</p> <p>Does She / he receive help / medication / treatment for sexual problems?: () No () Yes :</p> <p>The need for knowledge about sexually transmitted diseases: () No () Yes :</p> <p>Receiving Infertility Treatment: () No () Yes</p> <p>Number of pregnancies (Gravida): Number of births (Parity): Living child: Abortion-Abortus:</p> <p>Age of menarche: Menstruation time:day Cycle of Menstruation:day</p> <p>Menstrual disorder: () No () Yes: Menopause: () No () Yes:</p> <p>Education Requirements on Methods of Family Planning: () No () Yes:</p> <p>Gynecological Problems (disease, surgery):</p> <p>Latest Pap-Smear Date and Result:</p> <p>Does She/he make self-examination breast / testicular examination regularly: () No () Yes: Last examination date:.....</p> |
| Role-Relationship | <p>Situation of living with together: () Alone () Family () Couple/Partner () Friends () Other:</p> <p>Individuals obligated to look after: () No () Yes:</p> <p>Disease-related work situation affected: () No () Yes: Income status: () Enough () Partially enough () Insufficient</p> <p>Support Systems (Family, Friend, Economic, Cultural, Social): () No () Yes:.....</p> <p>The person was responsible for the care of the patient at home:</p> <p>The impact of the disease on family roles:</p> <p>Exploitation: () No () Yes: Neglect: () No () Yes:</p> |
| Self Perception Grip | <p>Perception of health status (Evaluation with a score between 0 - 10) :</p> <p>Emotional response regarding health status: () Denial () Anger () Chaffer () Depression () Acceptance () Other:.....</p> <p>Health checkups: () Regular () Partially regular () Irregular () Not done</p> <p>Perception of body image: () Satisfied () Partially Satisfied () Not satisfied</p> <p>Self-definition of the patient (Change in self-perception after illness or self-perception is questioned):</p> <p>.....</p> |
| Coping styles | <p>Stress: () No () Yes (Evaluation with a score between 0 - 10) : Perceived real and potential stressors:.....</p> <p>Methods Used to Cope with Problems:</p> <p>() Problem Solving, Crying () Praying () Sharing Your Feelings () Obtaining information () Diverting attention to other areas () Eating something</p> <p>() Walking and exercise () Exercise of Breathing () Take a bath () Reading a Problem-Oriented Book / Magazine</p> <p>() Asking Problem-Related Questions and Obtaining Information () Drinking alcohol or smoking () Using drugs</p> <p>Experiencing loss / change in recent time: () No () Yes:</p> |
| Values and Beliefs | <p>Preference of special dressing: () No () Yes The habit of special veiling: () No () Yes.....</p> <p>Situations that will affect care and treatment in line with spiritual needs (blood transfusion, post-death care, eating habits, etc.).....</p> <p>Practices specific to the belief that he / she wants to do while in the hospital () No () Yes Explain:.....</p> |

FORM OF PHYSICAL EVALUATION

| | | | | | |
|--------------------|---------------------------------|----------------------|---------------------------|------------------|---------------------------|
| Vital Signs | Blood pressure:/.....mmHg | Breathing :/dk | Body Temperature:°C | Pulse :/dk | SpO ₂ : %..... |
|--------------------|---------------------------------|----------------------|---------------------------|------------------|---------------------------|

| | |
|---|--|
| <p>Does the patient have pain now?: () No () Yes</p> <p>Where is the pain:</p> <p>When did it start?:</p> <p>What is its quality?:</p> <p>Factors that increase pain:</p> <p>Factors that decrease pain:</p> <p>Plot the current pain intensity on the scale.</p>  |  |
|---|--|

| | | | | |
|---|---|--|--|------------|
| Quality | Pharmacological treatment | Non-pharmacological treatment | Responses against pain | |
| 1.Charley horse 2.Flammable 3.Stinging 4.Spasm 5.Throbbing 6.Pressure 7. Crushers/ squeezers | 1. Nonsteroidal anti-inflammatories 2. Narcotic analgesics 3. Adjuvant therapy 4.Other | 1.Massage 2. Distraction 3.Music 4. Change of position 5. Hot / cold application 6.Other..... | 1.Anger/Crying 2.Decreased activity 3.Decreased appetite 4.Sleeping problems 5.Poor concentration 6.Asking for analgesia 7. Sweating / throbo 8.Other | |
| Follow-up of pain: If the patient has pain and an attempt is made (medication, cold application, etc.), write the course of the pain. | | | | |
| If medication has been prescribed for your patient's pain, note: | | | | |
| Date | Hour | Name of drug | Dose | Via |
| | | | | |
| | | | | |
| | | | | |

| | | | | | | | | | | | | |
|---|---|--------------------|-----------------|--------------------|-----------------------------|---------------------|------------------|--|---|---------------------|---|--|
| Skin System and Leather Attachments | <p>Skin: () Normal () Dry () Moist / sweaty () Red () Cyanotic () Cold () Warm () Faint () Jaundice () Petechiae () Purpura () Ecchymosis () Hematoma () Itching () Lesion () Scar () Other:</p> <p>Leather turgor: () Normal () Diminished /Dehydrated Edema: () No () Yes , write the location:.....</p> <p>Gode : () +1 [0-15 sec] () +2 [15-30 sec] () +3 [30-45 sec] () +4 [45 sec and over] () No gode</p> <p>Nails: () Normal () Clubbing () Cyanosis () Other:</p> <p>IV catheter: () No () Peripheral () Central () Time of insertion of IV catheter: () Appearance :</p> | | | | | | | | | | | |
| BRADEN SCALE (A total score of less than 16 indicates the risk of pressure injury.) | | | | | | | | | | | | |
| Sense / Perception | Moisture | Activity | Mobility | Nutrition | Friction & Shear | Total | | | | | | |
| Completely limited | 1 | Constantly moist | 1 | Bedfast | 1 | Completely immobile | 1 | Very poor | 1 | Problem | 1 | |
| Very limited | 2 | Very moist | 2 | Chairfast | 2 | Very limited | 2 | Probably inadequate | 2 | Potential problem | 2 | |
| Slightly limited | 3 | Occasionally moist | 3 | Walks occasionally | 3 | Slightly limited | 3 | Adequate | 3 | No apparent problem | 3 | |
| No impairment | 4 | Rarely moist | 4 | Walks frequently | 4 | No limitation | 4 | Excellent | 4 | | | |
| Pressure Sore () Where is its location: Phase: () Phase I () Phase II () Phase III () Phase IV | | | | | | | | | | | | |
| CLASSIFICATION OF PRESSURE SORE | | | | | | | | | | | | |
| PHASE I | The area is rash, the skin is intact, and it is reversible with protective measures. | | | | | | PHASE III | A subcutaneous ulcer that does not spread to the muscle. | | | | |
| PHASE II | It is a superficial ulcer with impaired skin integrity and may have the appearance of erythema. | | | | | | PHASE IV | It is an ulcer that also involves muscles or bones. | | | | |

| Head, Face and Neck System | <p>Hair / Scalp: <input type="checkbox"/> Clean <input type="checkbox"/> Oily <input type="checkbox"/> Dry <input type="checkbox"/> Dandruff <input type="checkbox"/> Shedding <input type="checkbox"/> Mass <input type="checkbox"/> Scar</p> <p>Mouth-Throat: <input type="checkbox"/> Throat ache <input type="checkbox"/> Status of Lymph Nodes</p> <p>Voice: <input type="checkbox"/> Normal <input type="checkbox"/> Raucous <input type="checkbox"/> Has difficulty speaking</p> <p>Swallow: <input type="checkbox"/> Normal <input type="checkbox"/> Dysphagia <input type="checkbox"/> Odynophagia</p> <p>Lips: <input type="checkbox"/> Pink and colorful <input type="checkbox"/> Dry and cracked <input type="checkbox"/> Wound / bleeding <input type="checkbox"/> Bruising</p> <p>Tongue: <input type="checkbox"/> Pink and colorful <input type="checkbox"/> Red <input type="checkbox"/> Chapped <input type="checkbox"/> Wound / bleeding <input type="checkbox"/> Other</p> <p>Saliva: <input type="checkbox"/> Normal <input type="checkbox"/> Diminished <input type="checkbox"/> Increased <input type="checkbox"/> Dark or sticky</p> <p>Oral mucosa: <input type="checkbox"/> Pink and colorful <input type="checkbox"/> Dry <input type="checkbox"/> Mouth sore <input type="checkbox"/> Bleeding <input type="checkbox"/> Halitosis</p> <p>Gums: <input type="checkbox"/> Pink and colorful <input type="checkbox"/> Edematous/Red <input type="checkbox"/> Bleeding <input type="checkbox"/> The number of decayed teeth:</p> <p>Lymphadenopathy: <input type="checkbox"/> No <input type="checkbox"/> Yes (location) : <input type="checkbox"/> Preauricular <input type="checkbox"/> Suboccipital <input type="checkbox"/> Tonsils <input type="checkbox"/> Posterior cervical <input type="checkbox"/> Submandibular <input type="checkbox"/> Subclavicular <input type="checkbox"/> Axils <input type="checkbox"/> Cervical <input type="checkbox"/> Inguinal</p> <p>Eyes: <input type="checkbox"/> Red <input type="checkbox"/> Combustion/Sting <input type="checkbox"/> Itching <input type="checkbox"/> Effluence <input type="checkbox"/> Strabismus <input type="checkbox"/> No problem</p> <p>Color of Conjunctiva:.....</p> <p>Ears: <input type="checkbox"/> Effluence <input type="checkbox"/> Ringing <input type="checkbox"/> Malformation <input type="checkbox"/> Itching <input type="checkbox"/> No problem <input type="checkbox"/> Hearing problem, write:.....</p> <p>Nose: <input type="checkbox"/> Effluence <input type="checkbox"/> Epistaxis <input type="checkbox"/> Reduced smelling <input type="checkbox"/> Defect <input type="checkbox"/> Blockage <input type="checkbox"/> No problem</p> <p>Impaired sense of taste: <input type="checkbox"/> No <input type="checkbox"/> Yes:</p> | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------------------------|--|--------|------------------|-------|--------|------|-------|----------|--|--|---------|--|--|--------|--|--|----------------|--|--|-----------|--|--|------------------|--|--|
| Cardiovascular System | <p>Hit the apex (by hand): <input type="checkbox"/> Felt <input type="checkbox"/> Not felt</p> <p>Explain if there is any pathological finding in heart sounds:</p> <p>Pulse: <input type="checkbox"/> Normal <input type="checkbox"/> Tachycardia <input type="checkbox"/> Bradycardia <input type="checkbox"/> Throb <input type="checkbox"/> Filiform (fibrous)</p> <p>Apical rhythm: <input type="checkbox"/> Regular <input type="checkbox"/> Irregular</p> <p>Peripheral Pulses: 0 = No 1 = Weak 2 = Mid 3 = Strong</p> <table border="1" style="width:100%; border-collapse: collapse; text-align: center;"> <thead> <tr> <th style="width: 33%;">Pulses</th> <th style="width: 16.5%;">Left</th> <th style="width: 16.5%;">Right</th> <th style="width: 33%;">Pulses</th> <th style="width: 16.5%;">Left</th> <th style="width: 16.5%;">Right</th> </tr> </thead> <tbody> <tr> <td>Brachial</td> <td></td> <td></td> <td>Femoral</td> <td></td> <td></td> </tr> <tr> <td>Radial</td> <td></td> <td></td> <td>Dorsalis Pedis</td> <td></td> <td></td> </tr> <tr> <td>Popliteal</td> <td></td> <td></td> <td>Posterior Tibial</td> <td></td> <td></td> </tr> </tbody> </table> <p>Blood Pressure: <input type="checkbox"/> Normal <input type="checkbox"/> Hypertension <input type="checkbox"/> Hypotension <input type="checkbox"/> Orthostatic Hypotension</p> <p><input type="checkbox"/> Neck veins fullness <input type="checkbox"/> Cyanosis <input type="checkbox"/> Chest pain <input type="checkbox"/> Syncope <input type="checkbox"/> Varicose vein <input type="checkbox"/> Pretibial edema <input type="checkbox"/> No problem</p> <p>Capillary Refill Time: <input type="checkbox"/> < 3 sec. <input type="checkbox"/> > 3 sec. Homans Sign: <input type="checkbox"/> No <input type="checkbox"/> Yes</p> | Pulses | Left | Right | Pulses | Left | Right | Brachial | | | Femoral | | | Radial | | | Dorsalis Pedis | | | Popliteal | | | Posterior Tibial | | |
| Pulses | Left | Right | Pulses | Left | Right | | | | | | | | | | | | | | | | | | | | |
| Brachial | | | Femoral | | | | | | | | | | | | | | | | | | | | | | |
| Radial | | | Dorsalis Pedis | | | | | | | | | | | | | | | | | | | | | | |
| Popliteal | | | Posterior Tibial | | | | | | | | | | | | | | | | | | | | | | |
| Respiratory System | <p>The shape of chest: <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal :</p> <p>Chest: <input type="checkbox"/> Equally-symmetrically participates in breathing <input type="checkbox"/> Does not participate equally-symmetrically in breathing</p> <p>Quality of breathing: <input type="checkbox"/> Regular <input type="checkbox"/> Irregular <input type="checkbox"/> Dyspnoea <input type="checkbox"/> Paroxysmal Nocturnal Dyspnea <input type="checkbox"/> Orthopnea <input type="checkbox"/> Cyanosis <input type="checkbox"/> Apnea <input type="checkbox"/> Bradypnoea <input type="checkbox"/> Tachypnea <input type="checkbox"/> Hyperventilation <input type="checkbox"/> Hypoventilation <input type="checkbox"/> Cheyne-Stokes Respiration <input type="checkbox"/> Kussmaul Respiration <input type="checkbox"/> Biot Respiration <input type="checkbox"/> Hemoptysis</p> <p>Respiratory Sounds: <input type="checkbox"/> Normal <input type="checkbox"/> Abnormal ---> <input type="checkbox"/> Rales <input type="checkbox"/> Rhonchus <input type="checkbox"/> Wheezing <input type="checkbox"/> Stridor</p> <p>Pain with breathing: <input type="checkbox"/> No <input type="checkbox"/> Yes</p> <p>Cough: <input type="checkbox"/> No <input type="checkbox"/> Yes, explain [dry cough, cough with phlegm etc.] :</p> <p>Phlegm: <input type="checkbox"/> No <input type="checkbox"/> Yes, explain [color, consistency etc.] :</p> | | | | | | | | | | | | | | | | | | | | | | | | |
| Gastrointestinal System | <p><input type="checkbox"/> Hematemesis <input type="checkbox"/> Hemorrhoids <input type="checkbox"/> Stomachache <input type="checkbox"/> Epigastric burning</p> <p>Abdomen: <input type="checkbox"/> Tender <input type="checkbox"/> Tense <input type="checkbox"/> Rigid <input type="checkbox"/> Distension <input type="checkbox"/> Scar <input type="checkbox"/> Mass <input type="checkbox"/> Acid <input type="checkbox"/> Debris <input type="checkbox"/> Color change <input type="checkbox"/> Hepatomegaly</p> <p>Bowel sounds: <input type="checkbox"/> Normoactive <input type="checkbox"/> Hyperactive <input type="checkbox"/> Hypoactive</p> <p>Rebound sensitivity: <input type="checkbox"/> No <input type="checkbox"/> Yes <input type="checkbox"/> No problem</p> | | | | | | | | | | | | | | | | | | | | | | | | |
| Musculoskeletal System | <p><input type="checkbox"/> No problem</p> <p><input type="checkbox"/> Kyphosis <input type="checkbox"/> Scoliosis <input type="checkbox"/> Lordosis <input type="checkbox"/> Spinal Deformity <input type="checkbox"/> Tremor <input type="checkbox"/> Amputation <input type="checkbox"/> Walking disruption <input type="checkbox"/> Posture deterioration</p> <p>Joints: <input type="checkbox"/> Normal <input type="checkbox"/> Red <input type="checkbox"/> Swelling <input type="checkbox"/> Limitation of movement <input type="checkbox"/> Contracture <input type="checkbox"/> Deformity</p> <p>Strength: Upper limb: ROM : <input type="checkbox"/> Complete <input type="checkbox"/> Limited / Lower limb: ROM : <input type="checkbox"/> Complete <input type="checkbox"/> Limited</p> | | | | | | | | | | | | | | | | | | | | | | | | |

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|--|--|---|----------------------------|---|-------------------------------------|---|
| Neurological System and Emotional Status | <input type="checkbox"/> Dizziness <input type="checkbox"/> Headache <input type="checkbox"/> Weakness <input type="checkbox"/> Have an attack <input type="checkbox"/> Sedated <input type="checkbox"/> Peripheral neuropathy <u>Light reflex</u> : Right: + / - Left: + / - Pupil size: <input type="checkbox"/> Isochoric <input type="checkbox"/> Anisocoric <u>Control of swallowing</u> : <input type="checkbox"/> Normal <input type="checkbox"/> Can't swallow <u>Control of sense</u> : <input type="checkbox"/> Normal <input type="checkbox"/> Loss of feeling <input type="checkbox"/> Numbness/Tingle <input type="checkbox"/> Hot/Cold intolerance <u>Coordination of balance</u> : <input type="checkbox"/> No <input type="checkbox"/> Yes <u>Handgrip (Right/Left)</u> : <input type="checkbox"/> Equal <input type="checkbox"/> Not equal <input type="checkbox"/> Strong <input type="checkbox"/> Weak <u>Use of leg muscles (Right/Left)</u> : <input type="checkbox"/> Equal <input type="checkbox"/> Not equal <input type="checkbox"/> Strong <input type="checkbox"/> Weak <input type="checkbox"/> Paralysis <input type="checkbox"/> Paraneesthesia <input type="checkbox"/> Hemiplegia <input type="checkbox"/> Paraplegia <input type="checkbox"/> Quadriplegia <u>Emotional Status</u> : <input type="checkbox"/> Calm <input type="checkbox"/> Depressed <input type="checkbox"/> Crying <input type="checkbox"/> Excited <input type="checkbox"/> Anxious <input type="checkbox"/> Uneasy <input type="checkbox"/> Angry <input type="checkbox"/> No problem | | | | | |
| | GLASGOW COMA SCALE | | | | | |
| | Eye Opening Response | | Motor Response | | Verbal Response | |
| | No response | 1 | No response | 1 | No response | 1 |
| | To pain | 2 | Abnormal extension | 2 | Incomprehensible sounds | 2 |
| | To speech | 3 | Abnormal flexion | 3 | Inappropriate words | 3 |
| | Spontaneously | 4 | Flex to withdraw from pain | 4 | Confused | 4 |
| | | | Moves to localized pain | 5 | Oriented to time, person, and place | 5 |
| | | | Obeys command | 6 | | |
| | Total point: <input type="checkbox"/> 3-8 point Coma <input type="checkbox"/> 8-9 point Stupor <input type="checkbox"/> 10-11 point Lethargy <input type="checkbox"/> 12-13 point Confusion <input type="checkbox"/> 13-14 point Delirium and Mild neurological damage <input type="checkbox"/> 15 point Conscious | | | | | |

| LABORATORY FINDINGS | | | | |
|---------------------|--------------|---------------|------------------|--------------------------------|
| Date | Name of Test | Normal Values | Patient's Values | Interpretation of the Findings |
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| RADIOLOGICAL EXAMINATIONS | | |
|---------------------------|--------------|--------|
| Date | Name of Test | Result |
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PHARMACEUTICAL APPLICATIONS TRACKING SCHEDULE

| STARTING DATE | NO | NAME OF DRUG | DOSAGE | FREQUENCY | HOURS OF THE MEDICINE DELIVERED | CUT DATE |
|----------------------|-----------|---------------------|---------------|------------------|--|-----------------|
| | 1 | | | | | |
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| | 14 | | | | | |
| | 15 | | | | | |
| | 16 | | | | | |
| | 17 | | | | | |
| | 18 | | | | | |
| | 19 | | | | | |
| | 20 | | | | | |
| | 21 | | | | | |

| DATE | REGISTER OF THE DRUGS GIVEN (Write your medicines with the number) | | | | | | | | | | | | | | | | | | | | | | | | | | | | IMPLEMENTING NURSE | | | | | |
|-------------|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--|--|--|--|---------------------------|--|--|--|--|--|
| | 08 | 09 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 01 | 02 | 03 | 04 | 05 | 06 | 07 | | | | | | | | | | |
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ISSUES TO BE CONSIDERED IN THE DISCHARGE PLAN

Drug :

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Diet :

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Exercise :

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Supporting self-care / special health needs:

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Medical Examination:

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Education for the complications of the disease:

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NURSING DIAGNOSIS DETERMINED IN THE PATIENT (write in order of priority)

| Collaborative Diagnoses | Nursing Diagnoses and Risks |
|-------------------------|-----------------------------|
| 1. | 1. |
| 2. | 2. |
| 3. | 3. |
| 4. | 4. |
| 5. | 5. |
| 6. | 6. |
| 7. | 7. |
| 8. | 8. |
| 9. | 9. |
| 10. | 10. |

EDUCATION PLAN

The subject of Education : Education Place, Time and Duration:.....

Educational Objectives:

Material to be used:

Content of the Education:

Evaluation Questions of Education:

- 1)
- 2)

Evaluation of Education:.....

References:.....

MEDICAL DIAGNOSTIC INFORMATION FORM

Medical Diagnosis of the Patient:

Etiology:

Pathophysiology:

Diagnostic Methods:

Clinical Symptoms - Signs:

Medical Treatment and Nursing Management:

References:

- 1)
- 2)
- 3)
- 4)
- 5)

| FORM OF DRUG INFORMATION | |
|--------------------------------------|--|
| Drug & Dosage | |
| Route of Administration | |
| Mechanism of Action | |
| Why is the patient taking this drug? | |
| Side effects | |
| Drug & Dosage | |
| Route of Administration | |
| Mechanism of Action | |
| Why is the patient taking this drug? | |
| Side effects | |
| Drug & Dosage | |
| Route of Administration | |
| Mechanism of Action | |
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| Side effects | |
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| Why is the patient taking this drug? | |
| Side effects | |
| Drug & Dosage | |
| Route of Administration | |
| Mechanism of Action | |
| Why is the patient taking this drug? | |
| Side effects | |