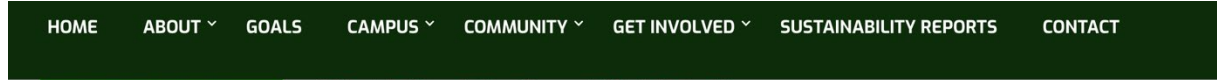


## EK 9.7 Dijital Adımlar Projesi

### “Dijital Adımlar” Projesi



#### What is "Good Health and Well-Being"?

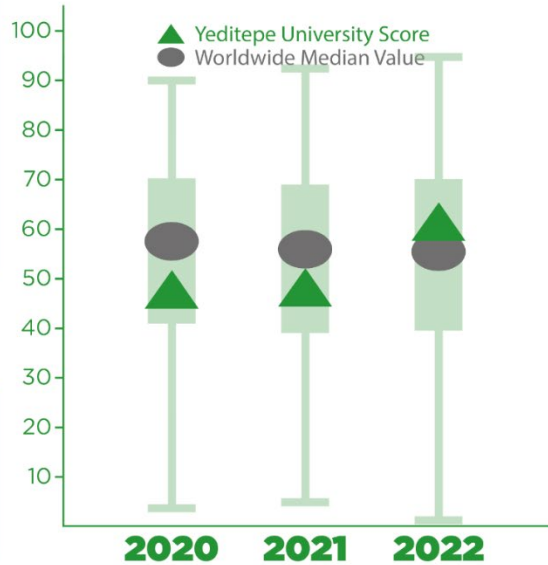
Ensuring healthy lives and promoting well-being at all ages is essential to sustainable development. Currently, the world is facing a global health crisis unlike any other – COVID-19 is spreading human suffering, destabilizing the global economy and upending the lives of billions of people around the globe.

Before the pandemic, major progress was made in improving the health of millions of people. Significant strides were made in increasing life expectancy and reducing some of the common killers associated with child and maternal mortality. But more efforts are needed to fully eradicate a wide range of diseases and address many different persistent and emerging health issues. By focusing on providing more efficient funding of health systems, improved sanitation and hygiene, and increased access to physicians, significant progress can be made in helping to save the lives of millions.

Health emergencies such as COVID-19 pose a global risk and have shown the critical need for preparedness. The United Nations Development Programme highlighted huge disparities in countries' abilities to cope with and recover from the COVID-19 crisis. The pandemic provides a watershed moment for health emergency preparedness and for investment in critical 21st century public services. [Source](#)

As for all of its endeavors regarding the sustainability issue; Yeditepe University has many professionals working in regards of good health and well-being of all individuals within its reach. Its Commission for the Fight Against Addiction aims to combat addiction on all fronts, its directive can be found [here](#).

Yeditepe University  
RANKED 401-600  
FOR SDG3: GOOD HEALTH  
AND WELL-BEING



225

Courses Related to Sustainability

50

Percent of Water Recycled

27

Hectares of Forest within the Campus

219

Plant Species in the Campus

## PROJECTS

There are **10** projects done with the resources of our university that fall under this category including:

- **Rethinking Sivrice** research project which aimed to study the Sivrice region which was struck by a devastating earthquake and pinpoint probable solutions.
- **Digital Steps** project which is about feet and feet ankle health and rehabilitation.
- **Super Palsi** project done in order to raise awareness on Cerebral Palsy disease.
- **Healthy Aging in Individuals Aged 65 & Over** project for generating and maintaining healthy exercise programs for elderly individuals.

## RESEARCHES

There are **1034** research publications by the academics of our university that fall under this category including:

- **Utilization of Nanotechnology to Improve the Handling, Storage and Biocompatibility of Bioactive Lipids in Food Applications.**
- **The Popularity of the Biologically-Based Therapies During Coronavirus Pandemic Among the Google Users in the USA, UK, Germany, Italy and France.**